



## South Royalton School

South Royalton School's mission is to challenge all students to strive for excellence while developing 21<sup>st</sup> century skills that a diversified curriculum. In partnership with parents and the community, we promote each individual's' development toward becoming responsible global citizens- intellectually, socially, physically, and emotionally.

### Lunch Menu

#### Café Royal Menu for April 24 to April 28, 2017

Monday	Chicken Patty on a Bun
Tuesday	Mexican Goulash
Wednesday	Pulled Pork Nachos with Cornbread
Thursday	Shepherd's Pie with Dinner Roll
Friday	Build a Taco Salad

***Enjoy Spring Break Next Week!***

***No School April 17—21***

*We'll see you back in class on April 24.*

***Middle and High School  
Spring Concert***

***Tonight! April 13 at 7 pm***

### PTO News

The last two So Ro PTO meetings were cancelled because of snow!

There is a meeting planned for Tuesday, April 25, at 3 p.m. in the art room.

We'll be planning for spring events; Teacher Appreciation and School & Family Fun Day. Please join us!

### Coming Events

- 4-13 Middle and High School Spring Concert, 7 pm
- 4-15 Royalton Rec Pancake Breakfast, 9 am  
And Easter Egg Hunt, 10 am
- 4-17 Spring Break Through 4-21**
- 4-24 Back to School after Spring Break
- 4-24 CPR Recertification, Town Library, 6:30 pm \$20
- 4-25 Spring Picture Day
- 4-25 No Strings Marionettes, Grades 4/5
- 4-26 No Strings Marionettes, Grades 4/5
- 4-26 The Nile Project, Hopkins Center
- 4-27 No Strings Marionettes, Grades 4/5  
The Nile Project, SoRo School
- 4-28 No Strings Marionettes, Grades 4/5
- 5-1 Fitness Room Closes for the Season
- 5-4 Elementary Spring Concert, 6:30 pm
- 5-5 Eighth Grade Trip  
Senior Class Trip
- 5-6 Playground Build, 8 am—3 pm
- 5-8 Pre School Screening
- 5-12 Half Day, 12:26 Dismissal  
Kindergarten Screening
- 5-29 Memorial Day, No School
- 6-2 School and Family Fun Day, 9 am—2:30 pm
- 6-9 Eighth Grade Graduation, HS Gym, 6:15 pm  
Middle School. Semi-Formal Dance, Café, 7 pm
- 6-10 Graduation Ceremony, on the green, 10 am

***Events are subject to change, for updates check:  
<http://www.soroschool.org/quick-links/event-calendar/>***



## The Principal's Corner

Let me start by saying have a fantastic spring vacation next week, April 17th through the 21st. Don't forget to read with your children over the break. Unplug for fifteen to twenty minutes a day, read with your child, go outside for a walk and explore all of the new growth of spring, or just enjoy each other's company.

The Elementary Spring Concert is fast approaching, scheduled for May 4th at 6:30 PM in the old gym. Spring picture day is April 25th. Picture order forms went home with Elementary students. Please contact the office if you did not receive one, or need another copy.

We are organizing a community work day to add more opportunity to our playground on May 6th. Please contact us here at the school if you can volunteer some time helping to improve our playground. Have a restful and relaxing spring break.

## Notes from the Nurse

I wanted to update all the families about the status of the in-school Dental Hygienist.

I was informed this morning that the South Royalton Health Hub will start working with a new dental hygienist. This person will start, on a part time basis, for the remainder of this school year and will provide services at the Bethel School. The hygienist should be available to start working at our school Fall, 2017.

I encourage you to contact your dentist to possibly schedule an appointment, especially if your child is overdue for a routine cleaning or X-rays. If you have any questions, please feel free to call me at 763-7740 ext. 506 or the South Royalton Health Hub at 763-7575. Have a happy and healthy day!

## Fitness Room Hours Come to an End

The last week in April will be the last week the fitness Center will be open. Thanks to Henry Bicknell for overseeing the fitness Center and to all those that used the resource over the long winter.

## CPR Certification

The Royalton Recreation is hosting a CPR Certification class:

**Monday April 24<sup>th</sup> 6:30-9:00pm**

Class will be held in the SoRo School Library. Anyone who wants to be certified in this life changing skill please contact Kerri Rogers at [klrogers1475@yahoo.com](mailto:klrogers1475@yahoo.com) or 802.299.9033

Cost for the class is the fee of the CPR card \$20.00..... thanks to the volunteer action of Corinne Ingraham a certified instructor through the Royalton Rescue.

**We are fortunate to have this opportunity in our community and space is limited so sign up today!!!!**



## Yoga in the Classroom

*Emily Ballou, Student Reporter*

Wild Child, Crow, Happy Baby, and Child's Pose. No, these are not new local band names, but instead, they are the names of some favorite yoga poses the fourth and fifth grades at South Royalton School have been taught.

This year, fourth and fifth grade teachers Hope Yeager, David DeSimone and Alicia Hanford all supported the teaching of mindfulness to meet the requirements of the social and emotional curriculum for preschool through sixth grade called Second Step. They found that the yoga aided with effects of toxic stress in students while improving attention, compassion, emotional regulation, situational adaptability, calmness, and resilience within the students.

Each class has received three sessions for 45 minutes each, all taught by local yoga instructor Deonne Myrick. The money to pay for this program is from an anonymous grant given to South Royalton School to support curriculum.

"The yoga gives students an opportunity to focus their minds, build strength, and learn how to relax in stressful situations," Hanford says. "It's a great initiative and time for them to come together and practice something so positive as mindfulness together."

This pilot program will hopefully continue next school year as well, seeing that all of the feedback from both faculty and students has been positive.

## Volunteers Needed

Volunteers are needed on **Saturday May 6, 2017 from 8am- 3pm at the South Royalton School Playground.** Five new pieces of playground equipment and a 16x16x16 shade canopy over a portion of the sandbox will be added to the playground during this Community Build Day. Working alongside Playworld and the help of 25-30 community volunteers the new equipment will be installed in just one day!

No building experience needed, but a shovel, a pair of gloves and enthusiasm are helpful tools! Donations are needed for food and drink to fuel community volunteers. If you can donate water, other drinks and snack foods for breakfast and lunch, our workers will be most appreciative.

Fundraising made this possible, especially under the leadership of Lisa Janowski recent contributions included: a gift from RB's Deli in South Royalton, an anonymous donation, a grant from the Ben and Jerry's foundation, and funds from the Fuel Up to Play 60.

Please help install the new playground equipment at South Royalton School! 25-30 volunteers are essential--a few hours to a full day of service, whatever you can contribute. Stop by between Green-Up Day activities. Please contact Lisa Janowski at [802-281-0824](tel:802-281-0824), chairman of the playground committee to donate time and/or food.

## Driver's Ed



*South Royalton School Driver's Ed students learn about the consequences of texting while driving.*

## The Arts at SoRo School

### **The Arts for Literacy, Science, & Global Citizenship**

Upon returning from Spring Break, we have scheduled arts-related activities for students, following is a brief overview of the schedule:

#### **Puppetry for Literacy:**

Students in grades 4-5 during their Media/Library & Art classes will partner with the No Strings Marionette Co. and their teachers to create and use puppets to tell stories about an ancient civilization. Earlier in the year, the students selected and started studying an ancient civilization of personal interest; now they are working in their classrooms to create a script and with the help of "No Strings" they will make their story 'come to life.' The artistic work time is during the student's art/library class at 8:15-9 am for three weeks on the following days:

**4<sup>th</sup> grade:** Wed. April 25, Thurs. April 27, Fri. May 5 (hour later), Tues. May 9, and Thurs. May 11

**5<sup>th</sup> grade:** Wed. April 25, Fri. April 28, Fri. May 5, Wed. May 10, and Fri. May 12.

This is provided at no cost, thanks to a grant from the Vermont Arts Council and work by these educators: Mary Waterman, Kate Lucia, Gaylynn Huyghebaert, Hope Yeager, David DeSimone, and Alicia Hanford.

#### **The Nile Project for Global Citizenship and Science:**

The SoRo School will host some performers and educators from the Nile Project, a collective of musicians, educators and activists who work together to build awareness about and generate new ideas to address environmental challenges in the Nile River basin from the 11 African countries that border the Nile River. Every year, the musicians gather and teach others the musical language and rhythms of his or her own traditional music.

They will meet in the school library on **Thursday afternoon, April 27** at these times: 12:45-1:45: 3rd grade classes (Monica Farrington & Holly Brennan-Cook); 1:50-2:50 (pd. 6): six high school classes (to include many 9<sup>th</sup> graders, arts and environmental science).

On **Wednesday morning, April 26**, the day prior, all 9<sup>th</sup> graders will attend the Nile Performance at the Hopkins Center for the Arts. Buses will leave at 8:45 and should be back to the school by noon.

This program is provided for no cost, thanks to the Hopkins Center's Community Ventures Initiative and extra coordination by Mary Waterman, Kate Lucia, Claire Epchook, and Deb Allen.



## ***Elementary SPRING CONCERT NEWS***

**The students in grades K-5 have been extremely busy these past few weeks. You may actually hear them at home singing, playing and reciting their lines for our upcoming Spring Concert.**

**This performance will take place, Thursday, May 4 at 6:30 p.m. This show will feature Kindergarten through 5<sup>th</sup> grade students in the musical revue, ‘Straight from the Heart’, Making a Better World Through Music. The songs and dialogue explore how we all can contribute to make our world a better place in which to live. The 5<sup>th</sup> grade Band and 4/5 Chorus will also be performing at this concert. In addition, the 4<sup>th</sup> grade band will be performing for the first time!**

**Students are asked to dress in these specific colors:**

**\*Tops should preferably have no pictures/logos, etc.**

**Kindergarten and 1<sup>st</sup> Grades- Solid color Red tops/dark bottoms**

**2<sup>nd</sup> & 3<sup>rd</sup> Grades- Solid color White tops/dark bottoms**

**4<sup>th</sup> & 5<sup>th</sup> Grades-Solid color Blue tops/dark bottoms**

**Remember to mark your calendars! We look forward to seeing family and friends at our annual spring concert.**



# 2016

## Guidance Update

COLLEGE & CAREER

# 2017



### SAT Test Dates

Register by **May 9<sup>th</sup>** for the **June 3<sup>rd</sup>** test.

## College Pathways 2017

High School Sophomores, Juniors & Parents –  
Free college planning event  
Register at [vsac.org/CP17](http://vsac.org/CP17)

**April 29** – Johnson State College



### — Upcoming Scholarships —

#### VT EPSCoR Center for Workforce Development and Diversity

**Deadline is April 15, 2017.**

The Orange County Maple Producers Association offers a scholarship up to \$1,000 to a student who lives in or attends a high school in Orange County. A preference will be given to those interested in the maple/agricultural/forestry industry.

#### Sons of the American Legion – Dennis Comai

**Deadline is April 15, 2017.**

The Sons of the American Legion Dennis Comai Scholarship is granted to a student planning to attend a trade school or technical college and whose grandparent, parent, or sibling is a member of the American Legion Family (American Legion, Ladies Auxiliary, or Sons of the American Legion).

#### Fletcher Buster Brush Memorial

**Deadline is April 17, 2017.**

The Fletcher “Buster” Brush Memorial Scholarship. To apply for this scholarship you do not have to be the highest academic achiever, or the star athlete, but you need to demonstrate compassion for others, a strong work ethic, school spirit, leadership, community service and the desire to challenge yourself.



A small group of sophomores and juniors attended the Central Vermont College Fair on **Tuesday, April 4<sup>th</sup>** at Vermont Tech for the morning to gain more exposure to colleges and programs they are interested in.

8th graders attended a half-day field trip to Hartford Area Career & Technology Center (HACTC) on **Thursday, April 6<sup>th</sup>** to explore all the options/programs they have to offer.

Freshmen — will be attending a half-day field trip to Randolph Technical & Career Center (RTCC) on **Friday, April 25<sup>th</sup>**. Be on the lookout for a permission slip (1/2 sheet of pink paper). This field trip is mandatory.

RTCC will be visiting South Royalton School @ 9am on **Wednesday, April 26<sup>th</sup>** to follow-up with the freshmen who visited their campus on the 25<sup>th</sup>.

#### Summer Camps for young ladies at Vermont Tech –

See Bulletin Boards in Guidance Office and more details in the next newsletter.

## AP Exams . . .

Pavment for the exam(s) are due **April 14<sup>th</sup>**!



## Scholarships

If you are looking for scholarships — spend some time over break reviewing the local scholarships on the guidance page of the school website.

Make sure you have a couple letters of recommendation and copies of your transcript.



If you have any questions stop by the guidance office.

*Enjoy Your Break!*

<http://www.soroschool.org/guidance-and-planning/scholarships/>

# Goodies & Raffle Tickets

On sale at the Spring Concert tonight!



Two gift baskets full of spring and musical cheer!

Drawing at April 27<sup>th</sup> elementary school concert.

You do not have to be present to win.

1 ticket	\$2
3 tickets	\$5
7 tickets	\$10



To benefit

## **Royalton Music Boosters (RMB)**

A parent and community group supporting our music program

**South Royalton School**

Small school, great expectations

**Royalton Recreation's Annual  
Easter Egg Hunt and Pancake Breakfast  
Saturday April 15th  
at the South Royalton School  
Pancake kickoff at 9am  
Egg Hunt at 10am**

**Please join us at this FREE community event for  
fun, food and crafts.**

**The Red Door Church will be there telling Easter  
stories.**

**Bring your camera you might spy the Easter Bunny!**



The Royalton  
Recreation is hosting a  
CPR Certification class:

**Monday**

**April 24<sup>th</sup>**

**6:30-9:00pm**



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**We are fortunate to have this opportunity in our community and space is limited so sign up today!!!!**

## FDA alerts consumers of nationwide voluntary recall of EpiPen and EpiPen Jr

The U.S. Food and Drug Administration is alerting consumers to Meridian Medical Technologies' [voluntary recall](#) of 13 lots of Mylan's EpiPen and EpiPen Jr (epinephrine injection) Auto-Injector products used for emergency treatment of severe allergic reactions. This recall is due to the potential that these devices may contain a defective part that may result in the devices' failure to activate. The recalled product was manufactured by Meridian Medical Technologies and distributed by Mylan Specialty.

While the number of reported failures is small, EpiPen products that potentially contain a defective part are being recalled because of the potential for life-threatening risk if a severe allergic reaction goes untreated. Consumers should keep and use their current EpiPens if needed until they get a replacement. Consumers should contact Stericycle at [877-650-3494](tel:877-650-3494).

As stated on the product label, consumers should always seek emergency medical help right away after using their EpiPens, particularly if the device did not activate.

At this time, the 13 lots identified – distributed between Dec. 17, 2015, and July 1, 2016 – are the only EpiPen lots impacted by the U.S. recall. Consumers who have EpiPens from lots that are not included in this recall, do not need to replace their EpiPen prior to its expiration date.

Product/Dosage	NDC Number	Lot Number	Expiration Date
EpiPen Jr Auto-Injector, 0.15 mg	49502-501-02	5GN767	April 2017
EpiPen Jr Auto-Injector, 0.15 mg	49502-501-02	5GN773	April 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	5GM631	April 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	5GM640	May 2017
EpiPen Jr Auto-Injector, 0.15 mg	49502-501-02	6GN215	September 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	6GM082	September 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	6GM072	September 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	6GM081	September 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	6GM088	October 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	6GM199	October 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	6GM091	October 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	6GM198	October 2017
EpiPen Auto-Injector, 0.3 mg	49502-500-02	6GM087	October 2017

The FDA asks health care professionals and consumers to report any adverse reactions or device malfunctions to the FDA's [MedWatch](#) program, by:

- Completing and submitting the report online at [www.fda.gov/medwatch/report.htm](http://www.fda.gov/medwatch/report.htm), or
- Downloading and completing the [form](#), then submitting it via fax at 800-FDA-0178.

The FDA, an agency within the U.S. Department of Health and Human Services, protects the public health by assuring the safety, effectiveness, and security of human and veterinary drugs, vaccines and other biological products for human use, and medical devices. The agency also is responsible for the safety and security of our nation's food supply, cosmetics, dietary supplements, products that give off electronic radiation, and for regulating tobacco products.

